

‘We create a professional environment that values health as a key element of success, inspires long term lifestyle change and delivers a positive exercise experience’

Life Personal Trainers (LPT) is Adelaide’s premier personal training group, providing personal training, remedial massage, dietary consulting and corporate health solutions from our studios located in Adelaide, Unley and Kent Town.

We offer a completely tailored personal training service, with all clients working ‘1 on 1’ with their trainer or in small groups of 2 to 4. Our clients are typically busy professional people and their families who rely on LPT to assist them in managing their health and fitness and enjoy a very rewarding and close professional relationship with our team.

We recognise that our team is our most important asset and are the key to maintaining our reputation as an industry leader into the future. Our understanding of ‘employer of choice’ means that we can offer:

- positive and professional work culture where teamwork, excellence, health and ‘energy’ are highly valued
- ongoing personal and professional development
- opportunity for career development
- competitive remuneration and conditions
- opportunity to work with a growing company and contribute to our vision: ‘Enhanced lives, authentic relationships and an outstanding reputation’

LPT are always interested in talking to qualified personal trainers who fulfil the following essential requirements:

- passion and excitement for health and fitness, and sharing this with others
- value being part of a team rather than individually focused
- high regard for the technical aspect of personal training and history of continued education
- well developed communication skills, highly organised
- proven ability in developing and maintaining professional relationships
- minimum qualification of Certificate IV in Fitness and current Fitness Australia registration
- previous PT experience will be highly regarded

If you meet the requirements above we would love to hear from you.

Please register your interest through the Life Personal Trainers website, attaching a copy of your current resume.

For further information on Life Personal Trainers, visit www.lifept.com.au